



ADULT CLINICS – QUEENWOOD TENNIS CENTRE

Queenwood Tennis Centre offers beginner, intermediate and advanced clinics to suit players of all abilities.

Run by our team of enthusiastic coaches, our clinics consist of a warmup followed by drills and match play designed to improve your game and fitness. Players are grouped according to ability level and given helpful tips by our coaches throughout the clinic to improve technique.

Our clinics are flexible, so you do not have to commit to an entire term or a particular day and time. You can play as often as you like when convenient for you. Lesson credit packs of 5 or 10 are available at a discounted price or you can pay as you go. Lesson packs can be purchased online via the portal, at reception or by calling (02) 9452 2298.

Bookings for the clinics are preferred by 5pm the previous day so that enough coaches can be allocated. We may not be able to accommodate walk-ins if the clinic is full. Please also consider your level of experience before booking.

Book online via the links below, the [online portal](#), [email](#) or give us a call on (02) 9452 2298.

Clinic Schedule – Queenwood Tennis Centre

Adult Beginner – Intermediate

[Tues Night: 7:00pm – 8:30pm](#)

[Sat Afternoon: 3:00pm – 4:30pm](#)

\$35 per session

Lesson Packs:

\$160 for 5

\$315 for 10

Adult Intermediate

[Mon – Fri AM](#)

9:30am – 11:00am

\$35 per session

Lesson Packs:

\$160 for 5

\$315 for 10

Adult Intermediate/Advanced

[Wed Night: 7:00pm – 9:00pm](#)

Lesson Packs:

\$40 per session

\$180 for 5

\$360 for 10

Adult Advanced

[Thurs Night: 6:00pm – 7:30pm](#)

Lesson Packs:

\$35 per session

\$160 for 5

\$315 for 10