

On offer

JUNIOR SCHOOL
SEMESTER 1
2019



Our wide offering outside the classroom provides extensive opportunities for each girl to develop the personal qualities essential to her adult life. Whatever her tastes and talents, there should be an arena in which she can forge resilience, perseverance, commitment, focus, tolerance and generosity.

ELIZABETH STONE, PRINCIPAL

All information contained in this document is correct at time of printing; all curricular and extracurricular activities are subject to change.

Visit **QUEENWOOD.NSW.EDU.AU** for up-to-date information.

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The aim of this booklet is to provide information about all extracurricular activities on offer for students in Kindergarten – Year 6.

Some activities have participant number restrictions; a minimum and maximum enrolment number may be applied in order to make the activity a viable option.

Where appropriate, a wait list will be established to allow participation in a subsequent term.

Please note that information contained within this booklet is subject to change. Any updates will be advised in weekly communications to parents.

TO SEE ALL REGISTRATION OPTIONS
THE LINK TO CANVAS IS AS FOLLOWS:
WWW.CANVAS.QUEENWOOD.NSW.EDU.AU



WLSA
World Leading Schools Association



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Additional activities

Chess Club

YEARS K – 6

This club enables students to develop logical thinking skills and concentration, as well as enjoying learning about the game of chess. Teachers from the Sydney Academy of Chess instruct the girls during the chess sessions and Queenwood staff are on hand to supervise. Chess sets are provided for each student during the club instruction.

ELIGIBILITY:	Years 1 – 6, Terms 1 – 4. K are able to join this club from Term 2
INSTRUCTORS:	Sydney Academy of Chess
WHEN:	Lunchtime Friday
TIME:	1:00 – 1:45pm
VENUE:	Junior School classrooms
REGISTRATION:	www.trybooking.com/52749 Term 1 bookings open 23 November, 2018 Term 1 bookings close 1 February, 2019 Term 2 bookings open 1 March, 2019 Term 2 bookings close 1 April, 2019

Christian Connect

YEARS K – 6

Rebecca Baines, Youth Minister at St Clements Church Mosman, This club aims to provide an opportunity for interested girls to learn more about the Bible. The teaching focus is on discovering a relationship with God and exploring the concept that God made everything.

ELIGIBILITY:	Years K – 2, Years 3 – 6
INSTRUCTOR:	Rebecca Baines
WHEN:	6 weeks in each term, 2019 days TBC
TIME:	1:05 – 1:40pm
VENUE:	Junior School classroom, Level 2
REGISTRATION:	Parent permission required

Da Vinci Decathlon

YEARS 5 & 6

The Da Vinci Decathlon is an academic interschool gala day run in the spirit of an Olympic Decathlon, with events of an academic nature. The tasks are exciting and challenging with a particular emphasis placed on higher order thinking, creativity and problem solving. Students compete across ten disciplines: English, Mathematics & Chess, Science, Engineering, Code Breaking, Ideation, Art & Poetry, Creative Producers, Cartography and General Knowledge. Two teams of eight students will be selected to participate in this event.

ELIGIBILITY:	Years 5 & 6, via performance in try-outs, teacher recommendation, academic excellence
COACH:	TBA
TRAINING:	Weekly workshop Terms 1 & 2, day, time and place to be confirmed
EVENT:	May 2019 During the school day, 8:00am – 3:30pm at Knox Grammar School
REGISTRATION:	Permission note given to selected students

Debating

YEARS 5 & 6

This challenging and highly rewarding extra-curricular activity involves the art of constructing and presenting a formal argument to an opposing team, adjudicator and audience. The students are required to use their general knowledge, skills of reasoning and higher order thinking processes to consider contemporary issues relevant to modern society. A specialist debating coach works with the debating teams each week providing insight and expertise to support the students in developing their debating skills. In 2019, Queenwood aims to enter two debating competitions as outlined below.

ISDA Competition

YEARS 5 & 6

Queenwood has the option to enter up to two teams of six students in the prestigious Independent Schools Debating Competition held during Terms 1 & 2. Topics include current political, social and environmental issues. Debaters have one hour before the debate to deliberate on a previously unseen topic and prepare a case. Teams are challenged to brainstorm and critically examine various aspects of the topic before preparing arguments with a view from either an affirmative or negative perspective.

The commitment required is significant. Debates are held every Friday evening from approximately 5 – 7pm at various Independent schools in Sydney. Students are required to make their way to the Senior School by 4:45pm for home debates, and will be transported to away debates by bus.

ELIGIBILITY:	Year 5 & 6 (previous debating experience preferred) following a successful trial Details to be provided nearer the time
COACH:	Staff member and an external coach to be advised
WORKSHOP:	1 day in Terms 1 & 2 Time and place to be advised
COMPETITION:	Most Friday evenings from 5 – 7pm in Terms 1 and 2 at various independent schools in Sydney
REGISTRATION:	Permission note given to selected students

Debating cont...

IPSHA Competition

YEARS 4 – 6

Queenwood will enter two teams of students in the IPSHA debating competition held in Terms 2 & 3. Topics covered include current political, social and environmental issues. In this debating forum, the topic is issued a fortnight prior to the debate with teams having time to prepare their cases and critically analyse the possible arguments that opposing teams might present. The debates are held every second Friday after lunch and during school hours at various independent schools in Sydney. Transport will be by bus.

ELIGIBILITY:	Year 4 – 6 following a successful trial Details to be provided nearer the time
COACH:	External coach to be advised
WORKSHOP:	3:15 – 4:30pm Terms 1, 2 and 3 Day, time and place to be confirmed
COMPETITION:	Every second Friday during school hours Terms 2 and 3 from 12 – 2:15pm At various independent schools in Sydney
REGISTRATION:	Permission note given to selected students

French Catch-Up-Club

YEARS 3 – 6

French Catch-Up-Club offers students with little or no previous study in French the opportunity to catch up. Basic vocabulary, expressions and sentence structures are learnt through speaking, listening, reading and writing activities.

ELIGIBILITY:	Years 3 – 6
TEACHER:	Junior School French teacher
WHEN:	Monday
VENUE:	Language classroom
TIME:	TBA
REGISTRATION:	By invitation only

Lego Robotics Club

YEAR 6

Lego Robotics has a long history at Queenwood with students competing at the State and National levels. In this activity student teams design and build programmable Lego robots which undertake a variety of challenges such as dancing to music or playing soccer. This entails skills in coding, computational thinking and engineering. Students enter two competitions during the year, RoboCup in August and The First Lego League in November. We have two Queenwood teams, the Year 6 team and a Senior team for Years 7 – 12.

ELIGIBILITY:	Year 6, written application at the beginning of Term 1
COACH:	Mr Luke McDonald/Mr Andrew Draper
TRAINING:	Friday 3:30 – 5:00pm at Art School. (Students take the Q Bus from Junior School to Art School at no charge)
EVENTS:	Two full day competitions, August (RoboCup) and November (First Lego League)
REGISTRATION:	Permission note given to selected students

MiniSprint Solar Racing

YEAR 6

MiniSprint solar racing requires students to design and build small racing boats and cars powered by solar panels. The vehicles are raced at the UNSW open day, on the first Saturday in September. In 2018 Queenwood took out first place in the MiniSprint car class, and we will be looking to repeat this success if we can. Construction of these vehicles requires skill in electronics, design and engineering.

ELIGIBILITY:	Year 6 students with a keen interest in Science, Engineering and Technology. Written applications will be invited early in Term 1. Maximum 8 students
COACH:	Mr Andrew Draper
TRAINING:	Friday lunchtimes and after school Fridays Terms 2 and 3 only. Students will travel to Art School on the Q Bus Friday afternoons at no charge
EVENTS:	SolarSprint, UNSW, first Saturday in September (TBC)
REGISTRATION:	Permission note given to selected students

Tournament of Minds

YEARS 5 & 6

This is a challenging event that tests the girls' ability to solve stimulating and open-ended problems. The challenges demand experimentation and reward divergent thinking. Teamwork and a self disciplined approach to problem solving are essential skills for all participants. Up to three teams of seven students will be selected to represent Queenwood at the Tournament of Minds, Sydney North regional competition which will be held on Sunday 26 August. Teams may qualify for the state finals with the date to be confirmed.

ELIGIBILITY:	Years 5 & 6, following observations over Term 2 and a successful audition (details to be provided nearer the time)
ORGANISER:	Rosalind Walsh and Troy Savill
WORKSHOP:	Terms 2 & 3, Monday lunch times. Please note some additional rehearsal times may be required closer to the event in Term 3
EVENT:	Sunday 26 August at Roseville College
REGISTRATION:	Permission note given to selected students



Dance

“Comets” - Jazz

KINDERGARTEN

Focusing on the vibrant energy of Jazz dance that allows the young dancer to explore movement through current, themed and appropriate music. This non-examination class is a fantastic introduction to co-ordination, musicality and physical awareness. Every class concludes with a creative section to allow the dancer to express themselves through different genres of dance using props, colour and music as stimulus. Offering the structure and learning ground of jazz and the freedom and joy of creativity. Performance opportunities within the school and at the End of Year Dance Concert are available.

TYPICAL CLASS SNAPSHOT

10 minutes is dedicated to warming up the body and encouraging the dancer to understand safe dance practice. 25 minutes is dedicated to the jazz class format focusing on the dancers' poise, co-ordination, natural strengths, musicality and muscle memory. This includes fun combinations, travelling progressions and dance sequences to aid the learning. The final 15 minutes is structured creativity using music, props and colour as stimulus to explore a variety of different dance styles including Jazz, Bollywood, Musical Theatre, Irish and Contemporary.

ELIGIBILITY:	Kindergarten, 30 students maximum
TEACHERS:	Raw Energy Dance Education (REDeD)
WHEN:	Mondays Enrolment is for a semester (Terms 1 & 2)
TERM 1 DATES:	Term 1 has 10 sessions February 4, 11, 18, 25 March 4, 11, 18, 25 April 1, 8
TERM 2 DATES:	Term 2 has 7 sessions May 6, 13, 20, 27 June 3, 17, 28 (10 June is a long weekend)
TIME:	3:00 – 4:00pm
VENUE:	Galaxy Theatre
WEAR:	Dance top, shorts or tights and tan jazz shoes, Ballet skirt (optional)
REGISTRATION:	www.trybooking.com/111702 Semester 1 bookings open 23 November, 2018 and close 1 February, 2019

“Rockets” - Jazz

YEAR 1

Focusing on the vibrant energy of Jazz dance that allows the young dancer to explore movement through current, themed and appropriate music. This non-examination class is a fantastic continuation of co-ordination, musicality and physical awareness. Every class concludes with a creative section to allow the dancer to express themselves through different genres of dance using props, colour and music as stimulus. Offering the structure and learning ground of jazz and the freedom and joy of creativity. Jazz 2 also prepares the dancer for the potential progression from the K – 2 Jazz program into the Junior Dance Ensemble program open for Year 3 and above. Performance opportunities within the school and at the End of Year Dance Concert will be available for the Rockets.

TYPICAL CLASS SNAPSHOT

10 minutes is dedicated to warming up the body and encouraging the dancer to understand safe dance practice. 25 minutes is dedicated to the jazz class format focusing on the dancers' poise, co-ordination, natural strengths, musicality and muscle memory. This includes fun combinations, travelling progressions and dance sequences to aid the learning. The final 15 minutes is structured creativity using music, props and colour as stimulus to explore a variety of different dance styles including Jazz, Bollywood, Musical Theatre, Irish, Contemporary etc.

ELIGIBILITY:	Year 1
TEACHERS:	Raw Energy Dance Education (REDed)
WHEN:	Thursdays
	Enrolment is for a semester (Terms 1 & 2)
TERM 1 DATES:	Term 1 has 10 sessions
	February 7, 14, 21, 28
	March 7, 14, 21, 28
	April 4, 11
TERM 2 DATES:	Term 2 has 9 sessions
	May 2, 9, 16, 23, 30
	June 6, 13, 20, 27 (6 June Year 6 in Canberra)
TIME:	3:00 – 4:00pm
VENUE:	Galaxy Theatre or MPH
WEAR:	Dance top, shorts or tights and tan jazz shoes
REGISTRATION:	www.trybooking.com/111702 Semester 1 bookings open 23 November, 2018 and close 1 February, 2019

“Meteors” - Jazz

YEAR 2

Focusing on the vibrant energy of Jazz dance that allows the young dancer to explore movement through current, themed and appropriate music. This non-examination class is a fantastic introduction to co-ordination, musicality and physical awareness. Every class concludes with a creative section to allow the dancer to express themselves through different genres of dance using props, colour and music as stimulus. Offering the structure and learning ground of jazz and the freedom and joy of creativity. Performance opportunities within the school and at the End of Year Dance Concert will be available for the dancers.

TYPICAL CLASS SNAPSHOT

10 minutes is dedicated to warming up the body and encouraging the dancer to understand safe dance practice. 25 minutes is dedicated to the jazz class format focusing on the dancers' poise, co-ordination, natural strengths, musicality and muscle memory. This includes fun combinations, travelling progressions and dance sequences to aid the learning. The final 15 minutes is structured creativity using music, props and colour as stimulus to explore a variety of different dance styles including Jazz, Bollywood, Musical Theatre, Irish and Contemporary.

ELIGIBILITY:	Year 2, 30 students maximum
TEACHERS:	Raw Energy Dance Education (REDed)
WHEN:	Mondays
	Enrolment is for a semester (Terms 1 & 2)
TERM 1 DATES:	Term 1 has 10 sessions
	February 4, 11, 18, 25
	March 4, 11, 18, 25
	April 1, 8
TERM 2 DATES:	Term 2 has 7 sessions
	May 6, 13, 20, 27
	June 3, 17, 28 (10 June is a long weekend)
TIME:	4:00 – 5:00pm
VENUE:	Galaxy Theatre
WEAR:	Dance top, shorts or tights and tan jazz shoes
REGISTRATION:	www.trybooking.com/111702 Semester 1 bookings open 23 November, 2018 and close 1 February, 2019

“Nova” & “Saturn” - Jazz

YEARS 3 & 4

These classes focus on strengthening dance technique, performance skills and confidence. A variety of styles will be explored, such as Jazz, Lyrical/Contemporary, Hip Hop and Musical Theatre. The emphasis is on allowing the dancers to access these styles in a fun, inclusive way and to develop a strong sense of rhythm, coordination and body awareness. Performance opportunities within the school and at the End of Year Dance Concert will be available to these participants.

ELIGIBILITY:	Years 3 & 4, dance experience not necessary for this class, Two groups: Year 3 “Nova” and Year 4 “Saturn”
TEACHERS:	Raw Energy Dance Education (REDed)
WHEN:	Thursdays. Enrolment is for a semester (Terms 1 & 2)
TERM 1 DATES:	Term 1 has 9 sessions
	February 7, 14, 21, 28 (Camp 4 – 6)
	March 7, 14, 21, 28 (Camp 3)
	April 4, 11
TERM 2 DATES:	Term 2 has 9 sessions
	May 2, 9, 16, 23, 30
	June 6, 13, 20, 27 (6 June Year 6 in Canberra)
TIME:	Year 3 3:15 – 4:15pm
	Year 4 4:15 – 5:15pm
VENUE:	Galaxy Theatre or MPH
COST:	17 sessions + costume hire \$350
WEAR:	Dance top, shorts or tights and tan jazz shoes
REGISTRATION:	www.trybooking.com/111702 Semester 1 bookings open 23 November, 2018 and close 1 February, 2019

“Capella” - Jazz

YEARS 5 & 6

These classes focus on strengthening dance technique, performance skills and confidence. A variety of styles will be explored, such as Jazz, Lyrical/Contemporary, Hip Hop and Musical Theatre. The emphasis is on allowing the dancers to access these styles in a fun, inclusive way and to develop a strong sense of rhythm, coordination and body awareness. Performance opportunities within the school, the IPSHA Showcase and at the End of Year Dance Concert will be available to these participants.

ELIGIBILITY:	Years 5 & 6, dance experience not necessary for this class,
TEACHERS:	Raw Energy Dance Education (REDed)
WHEN:	Thursdays; enrolment is for a semester (Terms 1 & 2)
TERM 1 DATES:	Term 1 has 9 sessions
	February 7, 14, 21, 28 (Camp 4 – 6)
	March 7, 14, 21, 28 (Camp 3)
	April 4, 11
TERM 2 DATES:	Term 2 has 9 sessions
	May 2, 9, 16, 23, 30
	June 6, 13, 20, 27 (6 June Year 6 in Canberra)
TIME:	4:15 – 5:15pm Years 5 & 6
VENUE:	Galaxy Theatre or MPH
COST:	17 sessions + costume hire \$350
WEAR:	Dance top, shorts or tights and tan jazz shoes
REGISTRATION:	www.trybooking.com/111702 Semester 1 bookings open 23 November, 2018 and close 1 February, 2019

“Stella” Junior Company

YEARS 4 – 6

This class aims to progress and challenge the experienced dancer. Whilst having a performance and competition focus, the dancers will continue to strengthen their existing technical skills through the learning of more complex choreography and enhancing their repertoire. Performance opportunities will include the School End of Year Dance Presentation and suitable external competitions.

ELIGIBILITY:	Years 4 – 6, via audition, dance experience essential
TEACHERS:	Raw Energy Dance Education (REDed)
WHEN:	Fridays, enrolment is for a Year (31 sessions in total)
TERM 1 DATES:	Term 1 has 8 sessions
	February 8, 15, 22
	March 8, 15, 22 (not 1st Camp 4 – 6)
	April 5, 12
TERM 2 DATES:	Term 2 has 9 sessions
	May 3, 10, 17, 24, 31
	June 7, 14, 21, 28 (7 June Year 6 in Canberra)
TERM 3 DATES:	Term 3 has 9 sessions
	July 26
	August 2, 9, 16, 23, 30
	September 6, 13, 20
TERM 4 DATES:	Term 4 has 6 or 7 sessions
	October 18, 25
	November 1, 8, 15, 22, 29
TIME:	7:15 – 8:15am Girls to change into school uniform before attending roll call.
VENUE:	MPH
WEAR:	Black singlet, black leggings, dance shorts, jazz shoes optional
CONCERTS:	DATES 2019 TBC City of Sydney Eisteddfod
	DATES 2019 TBC Dancespec Challenge at Riverview
	DATES 2019 TBC IPSHA Showcase at Ravenwood
	DATES 2019 TBC End of Year Concert, Astra Theatre, Senior School
REGISTRATION:	www.trybooking.com/68877 By invitation only



Extracurricular Music Lessons

YEARS K – 6

Junior School has a very talented and dedicated staff of instrumental teachers offering extracurricular lessons in piano, traditional orchestra and band instruments, voice and musicianship. Lessons are on a rotational system throughout the school day with a fixed, out of school lesson time available only to students learning two instruments. Parents may choose to sign up for 15 semester lessons or 30 lessons for a full year.

There are some considerations you must be aware of when choosing an instrument for your daughter. These include height, hand/finger size and shape, mouth and/or lip shape etc. The specialist music teachers are more than happy to do a short assessment in order to provide expert advice to assist with this decision.

ELIGIBILITY:	Years K – 6 with appropriate physical attributes for specific instruments
DIRECTORS:	Music tutors
WHEN:	Rotated timetable during school terms
VENUE:	Junior School music studios
TIME:	Rotated lessons throughout the school day
REGISTRATION:	www.trybooking.com/329598
ENQUIRIES:	music@queenwood.nsw.edu.au

Music Group

The Music Department offers regular Music Group experiences with a qualified early learning, music specialist teacher in the 12 months prior to Kindergarten. During the 45min session, the child and one parent/ carer will participate in singing, action songs, rhythmic and improvised movement, and playing percussion instruments. These classes are designed to cater specifically for children aged 4 – 5 years only.

ELIGIBILITY:	Children who are scheduled to attend Kindergarten in the following year.
DIRECTOR:	Mrs Jodie Winton
WHEN:	Monday and Thursday mornings
VENUE:	Junior School Music Classroom
TIME:	8:30 – 9:15am
WEAR:	Comfortable casual clothes
REGISTRATION:	www.trybooking.com/255570
ENQUIRIES:	music@queenwood.nsw.edu.au

*"From our beginning with five pupils
our objects have been the same –
to give our girls a happy school life,
with opportunities for each to learn,
to win and to accept defeat gracefully,
to do her best work, to play, to develop
her manifold and varying interests,
to accept responsibility and to find
eventually an adult life that is
satisfying."*

MISS MEDWAY, 1960 REPORT

Medway Singers

YEARS 4 – 6

EXTRACURRICULAR

Medway Singers is an auditioned choir for students in Years 4–6 and provides extension singing for students who are committed to improving their vocal technique. Auditions for this group are held at the commencement of Term 1. With numerous performance opportunities throughout the year, it is expected girls commit to this activity from Term 1 through to Term 4. Exceptions are made for students who arrive part way through the year.

The challenging repertoire requires students to possess an extended vocal range and be able to sustain good intonation when singing a second or third vocal line (part singing). These skills often develop later when voices and listening skills have matured; hence, there are times when girls do not make it through the audition process on their first attempt.

ELIGIBILITY:

Students in Y4 – 6 with extended vocal range and highly developed aural skills

WHEN: Thursday morning

VENUE: Galaxy Theatre

TIME: 7:30 – 8:15am

WEAR: School uniform

REGISTRATION:

Please see School Newsletter at the beginning of the year for audition times

ENQUIRIES:

music@queenwood.nsw.edu.au

Queen Street Singers

YEARS 2 – 3

EXTRACURRICULAR

Queen Street Singers is a choir for students in Years 2–3 which provides further singing opportunities for younger girls. Auditions for this group are held at the commencement of Term 1. Similar to the melodies chosen for the classroom program, this ensemble mostly performs songs in unison but the repertoire does explore the higher register of the voice more extensively. Students will be required to possess well developed aural skills and a broader vocal range in the upper register to be able to attempt this repertoire.

ELIGIBILITY:

Students in Years 2 – 3 with a wide vocal range and good aural skills

DIRECTOR: Mrs Jodie Winton

WHEN: Monday lunch

VENUE: Galaxy Theatre

TIME: 1:15 – 1:45pm

WEAR: School uniform

REGISTRATION:

Please see School Newsletter at the beginning of the year for audition times

Concert Band 1

Concert Band 1 is the most advanced large band at Junior School. It is part of the differentiated, compulsory Instrumental Music Program in the primary years. Girls promoted to the band have demonstrated the required level of technique, playing ability, sight reading and ensemble performance skills to be able to participate in this ensemble. Most students have acquired these skills through their participation in the level group classes and Concert Band 2.

ELIGIBILITY:

Students in Years 3 – 6 who have achieved the level of technique, playing ability, sight reading and ensemble performance skills for this band.

DIRECTOR: Mr Tim Crow

WHEN: Tuesday Period 5

VENUE: MPH

TIME: 1:45 – 2:45pm

Concert Band 2

Concert Band 2 is the Junior School training band. It is part of the differentiated, compulsory Instrumental Music Program in the primary years. Girls promoted to the band have demonstrated the required level of technique, playing ability and sight reading skills to be able to perform in this ensemble. Most students have acquired these skills through their participation in the Level 1 and 2 group classes.

ELIGIBILITY:

Students in Years 3 – 6 who have achieved the level of technique, playing ability and sight reading skills for this band.

DIRECTOR: Mr Tim Crow

WHEN: Wednesday Period 5

VENUE: MPH

TIME: 1:45 – 2:45pm

Senior School Concert Band

EXTRACURRICULAR

To extend our most advanced Junior School musicians, selected students are invited to participate in the Senior School Concert Band.

ELIGIBILITY:
Students who have achieved the high level of technique, playing ability and sight reading skills required for this band.

DIRECTOR:
Mr Damien Mathieson

WHEN: Wednesday morning
before school

VENUE: Senior School MG07
Rehearsal Room

TIME: 7:15 – 8:15am

TRAVEL:
Students will be dismissed from the Senior School campus at 8:00am for parents to drive girls to Junior School for roll call at 8:20am.

WEAR: School uniform

Swing Band

YEARS 4 – 6

EXTRACURRICULAR

Swing Band is an extension group for the most advanced saxophone, trumpet, trombone, drum, keyboard and bass players at Junior School. Students in Concert Band 1 who have demonstrated a proficient level of technique, performance and sight reading are invited by music staff to audition for this ensemble. Repertoire chosen for this group includes styles from jazz through to rock.

ELIGIBILITY:
Advanced saxophone, trumpet, trombone, drum, keyboard and bass players

DIRECTOR: Mr Tim Crow

WHEN: Thursday lunch

VENUE: Junior Music
Classroom

Time: 12:50 – 1:45pm
Girls may take their lunch with them.

WEAR: School uniform

REGISTRATION: By audition

Clarinet and Saxophone Ensembles

YEARS 3 – 6

EXTRACURRICULAR

Clarinet and Saxophone Ensembles are extension performance groups for the most advanced players in the school. Students in Concert Band 1 who have demonstrated an advanced level of technique, performance and sight reading are invited by music staff to audition for these ensembles.

ELIGIBILITY:
Advanced Clarinet or Saxophone in Concert Band 1

DIRECTOR:
Mr Damien Mathieson

WHEN: Tuesday and
Wednesday lunch

VENUE: MPH

TIME: 1:15 – 1:45pm

WEAR: School uniform

REGISTRATION: By audition

Flute Ensemble

YEARS 2 – 6

EXTRACURRICULAR

Flute Ensemble is an extension performance group for the most advanced players in the school. Students in Concert Band 1 who have demonstrated an advanced level of technique, performance and sight reading are invited by music staff to audition for this ensemble.

ELIGIBILITY:
Advanced flautists in Concert Band 1

DIRECTOR: Ms Tina Marsden

WHEN: Either Tuesday or
Wednesday lunch TBC

VENUE: MPH

TIME: 1:15 – 1:45pm

WEAR: School uniform

REGISTRATION: By audition

Stalley Strings

Stalley Strings is the most advanced string orchestra at Junior School. It is part of the differentiated, compulsory Instrumental Music Program in the primary years. Girls promoted to the orchestra have demonstrated the required level of technique, playing ability, sight reading and ensemble performance skills to be able to participate in this ensemble. Most students have acquired these skills through their participation in the level group classes and the Training String Orchestra.

ELIGIBILITY:

Students in Years 3 – 6 who have achieved the level of technique, playing ability, sight reading and ensemble performance skills for this orchestra.

DIRECTOR: Ms Gabrielle Johnson

WHEN: Wednesday Period 5

VENUE: Music Classroom

TIME: 1:45 – 2:45pm

Training Strings

Training Strings, as the name suggests, is the training string orchestra at Junior School. It is part of the differentiated, compulsory Instrumental Music Program in the primary years. Girls promoted to the orchestra have demonstrated the required level of technique, playing ability and sight reading skills to be able to perform in this ensemble. Most students have acquired these skills through their participation in the Level 1 and 2 group classes.

ELIGIBILITY:

Students in Years 3 – 6 who have achieved the level of technique, playing ability and sight reading skills for this orchestra.

DIRECTOR: Ms Gabrielle Johnson

WHEN: Tuesday Period 5

VENUE: Music Classroom

TIME: 1:45 – 2:45pm

Senior School String Orchestra

EXTRACURRICULAR

To extend our most advanced Junior School musicians, selected students are invited to perform in the Senior School String Orchestra.

ELIGIBILITY:

Students who have achieved the high level of technique, playing ability and sight reading skills required for this band.

DIRECTOR: Ms Gabrielle Johnson

WHEN: TBA

VENUE: Senior School MG07 Rehearsal Room

TIME: 7:15 – 8:15pm

TRAVEL:

Students will be dismissed from the Senior School campus at 8:00am for parents to drive girls to Junior School for roll call at 8:20am.

Cello Boccherini Ensemble

EXTRACURRICULAR

Boccherini Ensemble is an extension performance group for the most advanced cello players in the school. Students in Stalley Strings who have demonstrated an advanced level of technique, performance and sight reading skills are invited to audition for this ensemble.

ELIGIBILITY:

Advanced Cello students in Stalley Strings

DIRECTOR: Ms Vicki Parkin

WHEN: Either Tuesday or Wednesday lunch TBC

VENUE: Music Studios

TIME: 1:15 – 1:45pm

WEAR: School uniform

REGISTRATION: By audition

Violin Paganini Ensemble

EXTRACURRICULAR

Paganini Ensemble is an extension performance group for the most advanced violinists in the school. Students in Stalley Strings who have demonstrated an advanced level of technique, performance and sight reading skills are invited to audition for this ensemble.

ELIGIBILITY:	Advanced violinists in Stalley Strings
DIRECTOR:	Ms Gabrielle Johnson
WHEN:	TBA
VENUE:	MPH
TIME:	1:15 – 1:45pm
WEAR:	School uniform
REGISTRATION:	By audition

Violin Vivaldi Ensemble

Vivaldi Ensemble is a performance group for violin students who are of an intermediate to advanced playing level. This group provides further performance opportunities and develops technique, aural and sight reading skills through additional repertoire.

ELIGIBILITY:	Intermediate violinists
DIRECTOR:	Ms Gabrielle Johnson
WHEN:	TBA
VENUE:	Music rehearsal space
TIME:	1:15 – 1:45pm
WEAR:	School uniform
REGISTRATION:	By audition

Year 1 String Program

Year 1 students are able to participate in 15 X 30min violin or viola group classes in Semester 1. These lessons are designed to give the girls a taster for learning a musical instrument with the option to book individual private violin/viola lessons in Semester 2.

The 30 min classes will be delivered to a small group of 3 – 4 students. Like private instrument lessons, the group lessons can be purchased through Trybooking. You will be able to buy 15 group lessons at \$19 per lesson and they will be timetabled on a rotation during the school day.

ELIGIBILITY:	Year 1 students (only)
DIRECTOR:	Specialist violin and viola tutors
WHEN:	Rotated timetable during school terms
VENUE:	Junior School music studios
TIME:	Rotated lessons throughout the school day
WEAR:	School uniform
REGISTRATION:	www.trybooking.com/280861
ENQUIRIES:	music@queenwood.nsw.edu.au

Sport

Athletics Club

YEARS 2 – 6

QUEENWOOD JUNIOR SCHOOL ATHLETICS CARNIVAL

Tuesday 6 August, 2019

Allan Border Oval, Mosman

IPSHA ATHLETICS CARNIVAL

August 2019 (Date to be confirmed)

at Sydney Olympic Park, Homebush

Training is offered for interested girls in track and field events, with the emphasis on having fun and improving technique.

ELIGIBILITY:	Years 2 – 6
COACHES:	Queenwood athletics coaches
WHEN:	Tuesday and Thursday mornings
TERM 2 DATES:	Term 2 has 9 sessions on Tuesdays:
	April 30
	May 7, 14, 21, 28
	June 4, 11, 18, 25
	Term 2 has 9 sessions on Thursdays:
	May 2, 9, 16, 23, 30
	June 6, 13, 20, 27 (6 June Year 6 in Canberra)
VENUE:	Tuesday at Balmoral Oval, Mosman
	Thursday at Rawson Oval, Mosman
TIME:	7:15am – 8:00am Parents to collect from Balmoral Oval and take to school. Walking bus from Rawson Oval, parents to drop school bags in car park
WEAR:	Queenwood sports uniform with tracksuit pants and tracksuit jacket as needed. Girls are expected to change into school uniform unless they have PE or Class Sport on that day in which case they may stay in their sports uniform.
BRING:	Water bottle, asthma puffer as necessary
REGISTRATION:	https://goo.gl/forms/5K1v11055nvdBp4k2 Term 2 bookings open 1 March, 2019 and close 1 April, 2019

Cross Country Club

YEARS 2 – 6

QUEENWOOD JUNIOR SCHOOL CROSS COUNTRY

Tuesday 19 February 2019
at Rawson Oval

IPSHA CROSS COUNTRY CARNIVAL

Saturday 6 April, 2019
at The King's School, Parramatta

A fun activity that unites girls across the year groups, participants will improve their fitness and endurance with regular attendance. Girls of all running abilities are welcome to attend cross country training sessions, but they must be prepared to run. Activities consist of warm-up games, individual and team running. To help prepare the girls for off-road courses, their training will include running in the surrounds of Rawson Oval and Georges Heights accompanied by Queenwood athletics coaches. Following the Cross Country Carnival, a Queenwood squad will be named. Members of the squad are expected to attend at least one training session each week in preparation for Queenwood Team selection and the subsequent IPSHA carnival.

ELIGIBILITY:	Years 2 – 6
WHEN:	Tuesday and Thursday mornings Term 1 Only
TERM 1 DATES:	Term 1 has 10 sessions February 5, 12, 19, 26 March 5, 12, 26 April 2, 9
VENUE:	Rawson Oval, Mosman
TIME:	7:15am – 8:00am Walking bus from Rawson Oval with coach supervision, parents to drop school bags in car park
WEAR:	Queenwood sports uniform with tracksuit pants and tracksuit jacket as needed. Girls are expected to change into school uniform unless they have PE on that day in which case they can stay in their sports uniform
BRING:	Water bottle, asthma puffer as necessary
REGISTRATION:	Term 1 bookings open 23 November, 2018 and close 1 February, 2019

Double Dutch Skipping

YEARS 1 – 6

This activity promotes fitness, agility and general conditioning for all participants. The girls are taught a variety of skipping skills that can be individual, worked with a partner or group.

ELIGIBILITY:	Years 1 – 6, Year 1 are invited to join this activity in Term 4.
INSTRUCTOR:	Mr Mark Saunders A personal trainer who specialises in children's fitness
WHEN:	Monday and Wednesday
TERM 1 DATES:	Term 1 has 10 sessions February 6, 13, 20, 27 March 6, 13, 20, 27 April 3, 10
TERM 2 DATES:	Term 2 has 9 sessions May 1, 8, 15, 22, 29 June 5, 12, 19, 26
TIME:	3:15pm to 4:05pm Girls will be supervised at the end of the day until the session starts
VENUE:	Junior School
REGISTRATION:	www.trybooking.com/52096 Term 1 bookings open 23 November, 2018 and close 1 February, 2019 Term 2 bookings open 1 March, 2019 and close 1 April, 2019

Equestrian Club

YEARS 2 – 6

A popular activity with our horse loving students, whilst perceived as an individual activity there is a strong sense of camaraderie amongst the participants from across the year groups. **Girls are taken by bus to the riding school accompanied by a member of staff. They have a one hour riding lesson and a one hour theory lesson which is based on the Ready-Set-Trot program.**

There is a minimum of 4 riders and maximum of 10 required for this activity to proceed. If the rider is in **Year 2 or a complete beginner, please contact the Sports Office on 0423 463 877** for more information before booking. To view the excellent facilities at Eastside Riding Academy go to www.eastsideriding.com.au

ELIGIBILITY:	Years 2 – 6. Beginners through to advanced riders
INSTRUCTORS:	Eastside Riding Academy qualified Staff
WHEN:	Wednesday afternoons
TERM 1 DATES:	Term 1 has 10 sessions
	February 6, 13, 20, 27
	March 6, 13, 20, 27
	April 3, 10
TERM 2 DATES:	Term 2 has 9 sessions
	May 1, 8, 15, 22, 29
	June 5, 12, 19, 26
VENUE:	Eastside Riding Academy, 114 – 120 Lang Road, Centennial Park, NSW 2021
TIME:	3:15pm to 6:30pm Time includes travel to and from the centre. The session is 4:00 to 6:00pm. Girls can be collected from the riding school or from school upon their return.
WEAR:	Jodhpurs or pants equivalent, riding boots, shirt, jumper, jacket appropriate for the weather (it can get very cold in the late afternoon in Terms 2 and 3) and a riding helmet.
COST:	This includes riding and theory lessons, transport, and hire of equipment as needed (riding hat and/or boots).
BRING:	Afternoon snack, students change at the venue
WET WEATHER:	Indoor arenas mean all lessons will proceed regardless of weather
REGISTRATION:	www.trybooking.com/52099
QUERIES:	Please contact the Sports Office at jpe@queenwood.nsw.edu.au A minimum number of participants are required for this activity to proceed.

Fencing Club

YEARS 2 – 6

This activity introduces students to the dynamics of movement and fencing skills. They will have the opportunity to compete in Sabre competitions where they can apply their skills in a bout.

ELIGIBILITY:	Years 2 – 6. Beginner and Intermediate students catered for.
COACH:	Ms Alexandra André, Australian and NSW coach and player
WHEN:	Wednesday before school 7:15am – 8:15am
TERM 1 DATES:	Term 1 has 10 sessions
	February 6, 13, 20, 27
	March 6, 13, 20, 27
	April 3, 10
TERM 2 DATES:	Term 2 has 9 sessions
	May 1, 8, 15, 22, 29
	June 5, 12, 19, 26
VENUE:	Junior School – Galaxy Theatre & Hall
TIME:	3.15pm – 4.20pm, collection from the Car Park
WEAR:	Sports shirt, tracksuit pants, socks and trainers
REGISTRATION:	www.trybooking.com/52205 Term 1 bookings open 23 November, 2018 and close 1 February, 2019 Term 2 bookings open 1 March, 2019 and close 1 April, 2019

Gymnastics Club

YEARS K – 6

A popular activity for infants, the girls develop self-confidence, spatial awareness and greater strength and body control. Stretching and strength work develop flexibility and agility.

ELIGIBILITY:	Years K – 6
COACHES:	Manly Warringah Gymnastic Club (MWGC) Accredited with Gymnastics Australia
WHEN/TIME:	Enrolment is for a semester (Terms 3 & 4) Start Wednesday 25 July
	Monday 3pm – 4pm Recreational (K – 2)
	Mondays 4pm – 6pm Recreational & Level 1 – 3 in National Levels Scheme (Years 3 – 6)
	Wednesdays 3pm – 4pm Recreational Beginners (K – 2)
	Wednesdays 4pm-5pm Recreational (K – 2) Supervision is provided at school for girls in the group starting at 4pm
TERM 1 DATES:	Term 1 has 10 sessions on Mondays:
	February 4, 11, 18, 25
	March 4, 11, 18, 25
	April 1, 8
	Term 1 has 10 sessions on Wednesdays:
	February 6, 13, 20, 27
	March 6, 13, 20, 27
	April 3, 10
TERM 2 DATES:	Term 2 has 7 sessions on Mondays:
	May 6, 13, 20, 27
	June 3, 17, 28 (10 June is a long weekend)
	Term 2 has 9 sessions on Wednesdays:
	May 1, 8, 15, 22, 29
	June 5, 12, 19, 26
VENUE:	MPH
WEAR:	Sports uniform or Queenwood leotard
REGISTRATION:	www.mwgymclub.com/ ?product_cat=queenwood-gymnastics Bookings open to be advised Direct all class enquiries to MWGC office on +61 2 9972 9222

Indoor Hockey

YEARS 5 & 6

Indoor hockey uses many of the skills used in field hockey but with some modifications; the ball must be kept on the floor except for a deliberate shot at goal, push passing is used – no hitting, the side lines are boards which are used to keep the ball in play, six players on the court and unlimited interchange for team members. There is no additional training for this activity.

ELIGIBILITY:	Years 5 – 6, beginners to advanced players
COACHES:	Mrs Sharon Johnston, Queenwood coaches
WHEN:	Wednesday evenings
TERM 1, 2019	February 6, 13, 20
	March 6, 13, 20, 27
	April 3, 10
TERM 4, 2019	Dates TBA
VENUE:	Marie Bashir Indoor Centre Cross Street, Mosman
TIME:	5 – 8pm Games are 50 minutes and played on the hour
WEAR:	Sports uniform, including long red socks
EQUIPMENT:	Compulsory mouth-guard and shin-pads Indoor hockey stick, can be borrowed from the centre
REGISTRATION:	www.trybooking.com/59833 Term 1 bookings open 23 November, 2018 and close 1 February, 2019

Sailing Activity

YEARS 2 – 6

Sailing introduces students to important concepts of discipline, self-confidence, problem solving, working as part of a team and an awareness of water safety in the marine environment.

This activity is offered in conjunction with Middle Harbour Yacht Club (MHYC). The girls work towards the different levels of skill acquisition in the Tackers program. MHYC provide the equipment and skilled teaching staff.

This activity can only be offered if we have a minimum of 15 participants. There is a maximum of 35 in the class and places will be allocated on a first come first served basis.

ELIGIBILITY:	Years 2 – 6, able to swim 50m wearing a life jacket.
INSTRUCTORS:	Middle Harbour Yacht Club Staff
WHEN:	Tuesdays
TERM 1 DATES:	Term 1 has 10 sessions
	February 5, 12, 19, 26
	March 5, 12, 19, 26
	April 2, 9
VENUE:	Middle Harbour Yacht Club
TIME:	4:00pm – 6:00pm, bus to MHYC (Parents to collect their daughter from MHYC at 6:00pm) Girls will have time to change and eat a small snack before starting the activity
WEAR:	Whole piece swimmers, board shorts and rash vest (or equivalent), water shoes (reef shoes) and hat. All items to be named. (Expect to get wet, bring change of clothes)
REGISTRATION:	www.trybooking/59835 Term 1 bookings open 23 November, 2018 and close 1 February, 2019

Snowsports

YEARS K – 6

The Interschools Snowsports Championships are a series of Snowsport competitions where students compete for their school as part of a team or individual in any of the seven discipline events. The emphasis is on fun and participation in the initial Regional Championships with the degree of difficulty increasing through to the State and Australian events.

The Queenwood Snowsports program has grown with participants joining the team from Kindergarten through to Year 12. As a school, Queenwood seeks to engage and offer this unique experience to all ability levels with an emphasis on enjoyment, improvement, self-development and the realisation of potential.

A parent information evening will be held in Term 1, 2019.
Date to be advised.

Available Disciplines include:

Alpine

Skiers are timed on a modified giant slalom course

Skiercross

Skiers are timed on a slope-style course

Freestyle Moguls

Skiers are scored on a bumps course finishing with a jump

Snowboard Giant Slalom

Boarders are timed on a modified giant slalom course

Snowboard Cross

Boarders are timed on a slope-style course

Cross Country Freestyle

Raced with skate or classic cross country skis with a mass start

Cross Country Relay

3 person relay event

CONTACT DETAILS:

Snow.Sports@queenwood.nsw.edu.au

Snowsports Events Calendar 2019

1. Pymble Cup

DATE: To be advised
 VENUE: To be advised
 DISCIPLINES: Alpine & Snowboard GS

2. The Scots College Snowsports Championships

DATE: Sunday, 15 July
 VENUE: Perisher
 DISCIPLINES: Alpine & Snowboard GS

3. Redlands Cup

DATE: Monday, 16 July
 VENUE: Thredbo
 DISCIPLINES: Alpine & Snowboard GS

4. Travelplan Ski Sydney Interschools Championships

DATE: Tuesday 16 July – Saturday 20 July
 VENUE: Thredbo
 DISCIPLINES: Alpine, Skier X, Moguls,
 Snowboard GS & X (All Divisions)

5. Amelia McGuinness Memorial Time Trial

DATE: Sunday, 29 July
 VENUE: Thredbo
 DISCIPLINES: Junior Sprint Time Trials and Team Sprints,
 Cross Country for all

6. Subaru NSW State Interschools Championships

DATE: Tuesday 20 August – Sunday 25 August
 VENUE: Perisher
 DISCIPLINES: Alpine, Skier X, Moguls,
 Snowboard GS & X (All Divisions)

7. Subaru Australian Interschools Championships

DATE: Wednesday 4 September – Sunday 8 September
 VENUE: Victorian Resort
 DISCIPLINES: Alpine, Skier X, Moguls, Snowboard GS &
 X (All Divisions) XC Freestyle, Classic & Relay

EVENT SCHEDULE: www.ausinterschools.com.au/

Swimming

YEARS K – 6

Details for 2019 swimming enrolments are as follows;

1. Please call on 8968 7772 or email Aquatics@queenwood.nsw.edu.au to organize a time for your daughter to be assessed. If she is a beginner, assessment is not required and the swim school will let you know about the availability
2. Use this link to open a profile <https://queenwood.intrac.com.au/swim/login.cfm?return=enrol.cfm>
3. Check the availability with swim school and inform them about your preferred day/time
4. Contact Maral Babashahi, Learn to Swim Coordinator at Aquatics@queenwood.nsw.edu.au
 OFFICE: +61 2 8968 7772
 Please contact for information on: Learn to Swim, all Assessments

Tennis - Lessons

YEARS K – 12

A popular sport for young and old, Tennis Australia has taken a new approach to developing skills in beginner and developing players. An emphasis is placed on hand-eye and racquet skills to promote participation in modified games using lower compression balls and smaller courts. The Hot Shots program promotes learning in a group environment where games can be played and participants have fun. Private lessons are recommended to compliment skills learnt from Hot Shots or for players who have transitioned through the program. Both options are available in 2018. Lessons are offered at Junior School as below.

Programs and competitions are also offered for children and adults at the

QUEENWOOD TENNIS AND SPORTS CENTRE (QTSC)

1110 Oxford Falls Road, Oxford Falls.

See 'Enquiries' on next page for contact details.

Tennis - Lessons cont...

ELIGIBILITY	Years K – 6
WHEN/TIME:	Group lessons are offered for the following times: Red/Orange Ball = 45min Orange/Green Ball = 1 hour Green/Yellow Ball = 1.5 hours
MONDAY:	7:15 – 8:00am Red/Orange group lessons
TUESDAY:	7:15 – 8:00am Red/Orange group lessons
	12:50 – 1:45pm lunch lessons
	3:00 – 3:45pm Red/Orange group lessons
	3:45 – 4:45pm Orange/Green group lessons
	4:45 – 5pm private lessons (6pm Terms 1 & 4)
WEDNESDAY:	12:50 – 1:45pm private lessons
	3:00 – 3:45pm Red/Orange group lessons
THURSDAY:	7:00 – 8:00am private lessons only
	12:50 – 1:45pm private lessons
	3:15 – 4:45pm Green/Yellow Year 5 & 6 only
	4:45 – 5pm private lessons (6pm Terms 1 & 4)
FRIDAY:	7:15 – 8am private & Red/Orange group lessons
	12:50 – 1:45pm private lessons
	3:15 – 5pm private lessons (6pm Terms 1 & 4)

For private lessons please contact the tennis coach to arrange.

VENUE:	Junior School tennis courts
WEAR:	School Uniform or Sports Uniform depending on the day, trainers (bring school shoes to change into at the conclusion of morning lessons)
REGISTRATION & ENQUIRIES:	Chris Horsley, Head Coach, Tennis K – 12 tennis@queenwood.nsw.edu.au M 0421 813 940 T +61 2 9452 2298

Yoga

YEARS 1 – 6

A children's Yoga class looks very different to a typical adult class, it is dynamic, creative, and often involves a lot more noise!

Some of the benefits for children doing yoga include:

- Development of a strong, flexible and healthy body;
- Building confidence and self-esteem;
- Enhancing concentration and decision making skills;
- Improving posture, alignment and coordination;
- Providing a positive framework for self-reliance and nurturing their innate sense of joy;
- Teaching tools for stress management and emotional balance;
- Encouraging discipline, responsibility and respect for themselves and others;
- Relaxing the body, promoting better sleep.

This program has been developed by Alethea White, a certified yoga and fitness trainer for children. Alethea offers inspiring and nurturing health and wellbeing programs for children, having worked in the health and fitness industry for over 12 years in Australia and overseas. She holds a Bachelor degree in Psychology, a diploma of Exercise Science and Advanced Children's yoga teacher certification. She is passionate about leading children through the fun, creative and essential process of achieving lifelong health and wellbeing.

ELIGIBILITY:	K – 6
CLASS SIZE:	Minimum of 6, maximum of 13
INSTRUCTOR:	Rachel Tamblyn Qualified Children's Yoga teacher
TERM 1 DATES:	Term 1 has 10 sessions on Tuesdays: February 5, 12, 19, 26; March 5, 12, 19, 26; April 2, 9
TERM 2 DATES:	Term 2 has 9 sessions on Tuesdays: April 30; May 7, 14, 21, 28; June 4, 11, 18, 25
TIME:	3:15 – 4:15pm, 4:15 – 5:15pm (Second class included if numbers dictate)
VENUE:	MPH
WEAR:	Queenwood Sports Uniform (trainers and socks to wear home)
REGISTRATION:	www.trybooking.com/128229 Term 1 bookings open 23 November, 2018 and close 1 February, 2019 Term 2 bookings open 1 March, 2019 and close 1 April, 2019

Intra-School Sport Year 3 Saturday Sport

Playing a team sport provides many development opportunities for every participant. There are specific skills and game knowledge that are applied to match situations, the social skills that are developed through belonging to a group allow for friendships to be discovered and enhanced. Learning core skills in a fun environment with a mix of drills and games is the essence of this program.

With dedicated coaches we offer 6 week blocks:

Term 1	Netball
Term 2	Minkey (Modified hockey)
Term 3	Football (Soccer)
ELIGIBILITY:	Year 3
COACHES:	Queenwood Staff and coaches
WHEN:	Saturday mornings - 2019
TERM 1 DATES:	February 16, 23 March 9, 16, 23, 30
TERM 2 DATES:	May 4, 11, 18, 25 June 1, 15
TERM 3 DATES:	August 3, 10, 17, 24, 31 September 7
VENUE:	Junior School courts (or MPH if wet)
TIME:	8:30am – 10am (Second session offered if numbers dictate)
WEAR:	Sports Uniform, shin-pads under long red Q sports socks for minkey and football. Mouth-guard essential for minkey
REGISTRATION:	Term 1 bookings open 23 November, 2018 and close 1 February, 2019

Inter-School Sport IPSHA (Independent Primary Schools Heads Association)

Playing a team sport provides many development opportunities for every participant. There are specific skills and game knowledge that are applied to match situations, the social skills that are developed through belonging to a group and the need to be making a contribution both on and off the field. Learning about and demonstrating good sportsmanship is an essential component of IPSHA sport and this is reinforced with the end of game etiquette of thanking the opposition, the umpires and our team.

Matches are played on a Saturday morning, duration of one hour, played between 8am – 12pm. Venues are sport and division based. Where possible, the same time and location are allocated each week.

Items of sports uniform are available from the Queenwood Uniform Shop.

Term 1	Football	YEARS 4 – 6
ELIGIBILITY:	Years 4 – 6	
COACHES:	Queenwood Staff and coaches	
WHEN:	Saturday matches 7 Rounds in Term 1, 2019 Dates TBA	
VENUE:	TBA	
TIME:	8am – 12pm Match duration 2 x 20 minute halves Arrive 30 minutes before start of match for warm-up	
TRAINING:		
Year 4:	Monday 3:15 – 4:45pm	
Years 5 & 6:	Wednesday 3:15 – 4:45pm	
WHERE:	Rawson Oval Students walk to venue under staff supervision, parents to collect from venue at 4:45pm.	
WEAR:	Sports Uniform, shin-pads under long red Q sports socks	

Term 2	Minkey & Hockey	YEARS 4 – 6
ELIGIBILITY:	Years 4 – 6	
COACHES:	Queenwood Staff and coaches	
WHEN:	Saturday matches 7 Rounds in Term 2, 2019	
Start date	May 4, 2019 (No games Queen's Birthday Long Weekend, June 9)	
End date	June 15, 2019	
VENUE:	TBA	
TIME:	8am – 12pm Matches 2 x 20 minute halves Arrive 30 minutes before start of match for warm-up	
TRAINING:		
Year 4:	Monday 3:15 – 4:45pm at Rawson Oval, or Junior School	
Years 5 & 6:	Wednesdays 7:15 – 8am or 3:15 – 4:45pm on courts at Junior School Students walk to venue under staff supervision, parents to collect from venue at 4:45pm.	
WEAR:	Sports uniform, shin-pads under long red Q sports socks Mouth-guard is compulsory	

Term 2	Netball	YEARS 4 – 6
ELIGIBILITY:	Years 4 – 6	
COACHES:	Queenwood Staff and coaches	
WHEN:	Saturday matches 7 Rounds in Term 2, 2019 Start date 4 May, 2019. End date 22 June, 2019	
VENUE:	TBA	
TIME:	8am – 12pm, matches 2 x 20 minute halves Arrive 30 minutes before start of match for warm-up	
TRAINING:		
Year 4:	Monday 3:15 – 4:45pm at Junior School	
Year 5:	Wednesday 3:15 – 4:45pm at Senior School on Lawrance Court	
Year 6:	Wednesday 7:15 – 8:00am at Junior School	
WEAR:	Sports Uniform	

Term 3	AFL	YEARS 4 – 6
ELIGIBILITY:	Years 4 – 6	
COACHES:	Queenwood Staff and coaches	
WHEN:	Saturday matches 8 Rounds in Term 3, 2019	
Start date	27 July, 2019	
VENUE:	TBA	
TIME:	8am – 12pm	
TRAINING:		
Year 4:	Monday 3:15 – 4:45pm at Rawson Oval	
Years 5 & 6:	Wednesday 3:15 – 4:45pm at Rawson Oval Students walk to the oval: Parents to collect from here. If wet, training held at School, collection from car park at 4:45pm	
WEAR:	Sports Uniform, wear trainers to walk to oval, football boots (worn on grass)	

Term 4	Cricket T20 Blast	YEARS 4 – 6
ELIGIBILITY:	Years 4 – 6 Cricket T20 Blast accommodates all ability levels	
COACHES:	Queenwood Staff and coaches	
WHEN:	Saturday matches Dates TBA	
VENUE:	TBA	
TIME:	8am – 12pm 1½ hour games	
TRAINING:		
Year 4:	Monday 3:15 – 4:45pm	
Years 5 & 6:	Wednesday 3:15 – 4:45pm	
WHERE:	Rawson Oval or Courts at Junior School Students walk to venue under staff supervision, parents to collect from venue at 4:45pm.	
WEAR:	Sports uniform including sports hat	

Term 4	Tennis	YEARS 4 – 6
ELIGIBILITY:	Years 4 – 6 Tennis Teams – there is a minimum skill requirement as well as playing with green or regular ball. Orange-ball Northern Beaches Competition caters for those who miss team selection but provides match play 11:00 – 1:30pm in a positive and friendly environment	
COACHES:	Queenwood tennis coaches	
WHEN:	Saturday matches Dates TBA	
VENUE:	Tennis will be played at a different venue each week including Queenwood	
TIME:	8am – 12pm Tennis is a 2 hour time slot, 8 – 10am or 10am – 2pm	
TRAINING:	Teams will be allocated a session, either Monday or Wednesday afternoons at Queenwood Tennis and Sports Centre at Oxford Falls or Junior School courts on a Wednesday morning.	
WEAR:	Sports Uniform including sports hat	



Activities by Year Group

Key

Day followed by time.

Eg. MA = Monday After School

Day

M Monday

T Tuesday

W Wednesday

TH Thursday

F Friday

Time

A After school

B Before school

L Lunch time

PLEASE NOTE

As venues, coaches, Trybooking links and other school activities are confirmed, this information will be updated regularly to reflect changes made.

Some activities have a minimum participant requirement so may not be able to be offered. Where necessary, a 'wait list' will be established to enable participation in a subsequent term.

YEAR	ACTIVITY	DAY & TIME	TERMS OFFERED			
			1	2	3	4
PRE-KINDY	Music Group	M,TH	✓	✓	✓	✓
KINDY	Dance – 'Comets'	MA	✓	✓	✓	✓
	Chess Club	FL	✓	✓	✓	✓
	Gymnastics Club	MA WA	✓	✓	✓	✓
	Music - Tuition & Ensembles	Varied	✓	✓	✓	✓
	Snowsports	Holidays		✓	✓	
	Swimming	To be advised	✓	✓	✓	✓
	Tennis lessons, Group/private	M-F, B L A	✓	✓	✓	✓
	Yoga	TA	✓	✓	✓	✓
YEAR 1	Dance – Jazz 'Rockets'	THA	✓	✓	✓	✓
	Chess Club	FL	✓	✓	✓	✓
	Double Dutch (Term 4 only)	MA WA				✓
	Gymnastics Club	MA WA	✓	✓	✓	✓
	Music - Tuition & Ensembles	Varied	✓	✓	✓	✓
	Snowsports	Holidays		✓	✓	
	Swimming	To be advised	✓	✓	✓	✓
	Tennis lessons, Group/private	M-F, B L A	✓	✓	✓	✓
	Yoga	TA	✓	✓	✓	✓
	Year 1 String Program	To be advised	✓	✓		

YEAR 2	Athletics Club	TB THB		✓	✓	
	Chess Club	FL	✓	✓	✓	✓
	Choir - Queen Street Singers	ML	✓	✓	✓	✓
	Cross Country Club	TB THB	✓			
	Dance – 'Meteors'	MA	✓	✓	✓	✓
	Double Dutch	MA WA	✓	✓	✓	✓
	Equestrian Club	WA	✓	✓	✓	✓
	Fencing Club	WB	✓	✓	✓	✓
	Gymnastics Club	MA WA	✓	✓	✓	✓
	Music - Tuition & Ensembles	Varied	✓	✓	✓	✓
	Sailing Club	TA	✓			✓
	Snowsports	Holidays		✓	✓	
	Swimming	To be advised	✓	✓	✓	✓
	Tennis lessons, Group/private	M-F, B L A	✓	✓	✓	✓
	Yoga	TA	✓	✓	✓	✓
YEAR 3	Athletics Club	TB THB		✓	✓	
	Chess Club	FL	✓	✓	✓	✓
	Choir - Queen Street Singers	ML	✓	✓	✓	✓
	Christian Club	Lunch	✓	✓	✓	✓
	Cross Country Club	TB THB	✓			
	Dance - Junior Dance Ensemble 'Nova'	THA	✓	✓	✓	✓
	Double Dutch	MA WA	✓	✓	✓	✓
	Equestrian Club	WA	✓	✓	✓	✓
	Fencing Club	WB	✓	✓	✓	✓
	French Catch-Up-Club	MB TB	✓	✓	✓	✓
	Gymnastics Club	MA	✓	✓	✓	✓
	Music - Tuition & Ensembles	Varied	✓	✓	✓	✓
	Sailing Club	TA	✓			✓
	Snowsports	Holidays		✓	✓	
	Sport - Intra School	Saturday	✓	✓	✓	
	Swimming	To be advised	✓	✓	✓	✓

	Tennis lessons, Group/private	M-F, B L A	✓	✓	✓	✓
	Yoga	TA	✓	✓	✓	✓
YEAR 4	Athletics Club	TB THB		✓	✓	
	Chess Club	FL	✓	✓	✓	✓
	Choir - Medway Singers	THB	✓	✓	✓	✓
	Christian Club	Lunch	✓	✓	✓	✓
	Cross Country Club	TB THB	✓			
	Dance - Junior Dance Ensemble 'Nova'	THA	✓	✓	✓	✓
	Dance - Junior Dance Company 'Stella'	FB	✓	✓	✓	✓
	Double Dutch	MA WA	✓	✓	✓	✓
	Equestrian Club	WA	✓	✓	✓	✓
	Fencing Club	WB	✓	✓	✓	✓
	French Catch-Up-Club	Before school	✓	✓	✓	✓
	Gymnastics Club	MA	✓	✓	✓	✓
	Music - Tuition & Ensembles	Varied	✓	✓	✓	✓
	Sailing Club	TA	✓			✓
	Sport - Interschool Football	MA	✓			
	Sport - Interschool Minkey	MA		✓		
	Sport - Interschool Netball	MA		✓		
	Sport - Interschool AFL	MA			✓	
	Sport - Interschool Cricket T20 Blast	MA				✓
	Sport - Interschool Tennis	WB MA THA				✓
	Snowsports	Holidays		✓	✓	
	Swimming	<i>To be advised</i>	✓	✓	✓	✓
	Tennis lessons, Group/private	M-F, B L A	✓	✓	✓	✓
	Yoga	TA	✓	✓	✓	✓
YEAR 5	Athletics Club	TB THB		✓	✓	
	Chess Club	FL	✓	✓	✓	✓
	Choir - Medway Singers	THB	✓	✓	✓	✓

	Christian Club	Lunch	✓	✓	✓	✓
	Cross Country Club	TB THB	✓			
	Dance - Junior Dance Ensemble 'Capella'	THA	✓	✓	✓	✓
	Dance - Junior Dance Company 'Stella'	FB	✓	✓	✓	✓
	Da Vinci Decathlon	<i>To be advised</i>	✓	✓		
	Debating - IPSHA	THA			✓	✓
	Double Dutch	MA WA	✓	✓	✓	✓
	Equestrian Club	WA	✓	✓	✓	✓
	Fencing Club	WB	✓	✓	✓	✓
	French Catch-Up-Club	Before school	✓	✓	✓	✓
	Gymnastics Club	MA	✓	✓	✓	✓
	Indoor Hockey	WA	✓			✓
	Music - Tuition & Ensembles	varied	✓	✓	✓	✓
	Sailing Club	TA	✓			✓
	Sport - Interschool Football	WA	✓			
	Sport - Interschool Minkey	WA		✓		
	Sport - Interschool Netball	WA			✓	
	Sport - Interschool AFL	MA			✓	
	Sport - Interschool Cricket T20 Blast	MA				✓
	Sport - Interschool Tennis	WB MA THA				✓
	Snowsports	Holidays		✓	✓	
	Swimming	<i>To be advised</i>	✓	✓	✓	✓
	Tennis lessons, Group/private	M-F, B L A	✓	✓	✓	✓
	Tournament of the Minds (TOM)		✓	✓	✓	
	Yoga	TA	✓	✓	✓	✓
YEAR 6	Athletics Club	TB THB		✓	✓	
	Chess Club	FL	✓	✓	✓	✓
	Choir: Medway Singers	THB	✓	✓	✓	✓
	Christian Club	Lunch	✓	✓	✓	✓

	Cross Country Club	TB THB	✓			
	Dance - Junior Dance Ensemble 'Capella'	THA	✓	✓	✓	✓
	Dance - Junior Dance Company 'Stella'	FB	✓	✓	✓	✓
	Da Vinci Decathlon	<i>To be advised</i>	✓	✓		
	Debating - ISDA	THA FA	✓	✓		
	Double Dutch	MA WA	✓	✓	✓	✓
	Fencing Club	WB	✓	✓	✓	✓
	French Catch-Up-Club	Before school	✓	✓	✓	✓
	Equestrian Club	WA	✓	✓	✓	✓
	Gymnastics Club	MA	✓	✓	✓	✓
	Indoor Hockey	WA	✓			✓
	Lego Robotics Club	FA	✓			
	MiniSprint Solar Racing	FLA		✓	✓	
	Music - Tuition & Ensembles	Varied	✓	✓	✓	✓
	Sailing Club	TA	✓			✓
	Sport - Interschool Football	WA	✓			
	Sport - Interschool Hockey	WA		✓		
	Sport - Interschool Netball	WA		✓		
	Sport - Interschool AFL	WA			✓	
	Sport - Interschool Cricket	MA				✓
	Sport - Interschool Tennis	WB MA THA				✓
	Snowsports	Holidays		✓	✓	
	Swimming	<i>To be advised</i>	✓	✓	✓	✓
	Tennis lessons, Group/private	M-F, B L A	✓	✓	✓	✓
	Tournament of the Minds (TOM)		✓	✓	✓	
	Yoga	TA	✓	✓	✓	✓

Activities A-Z

PLEASE NOTE

Some activities have a minimum participant requirement so may not be offered in that term

Where necessary, a wait list will be established to enable participation in a subsequent term.

	ACTIVITY	YEAR GROUP	TERMS OFFERED				PARTICIPANTS	REGISTRATION UPDATED EACH TERM
			1	2	3	4		
A	Athletics Club	Yrs 2 - 6		✓	✓		Open to all	https://goo.gl/forms/BqBlwzObXvI3MVos2
C	Chess Club	K - 6	✓	✓	✓	✓	limited numbers	trybooking.com/52749
	CHOIR							
	Medway	Yrs 4 - 6	✓	✓	✓	✓	Audition & invitation	<i>Participants will be advised by email or letter</i>
	Queen Street Singers	Yrs 2 - 3	✓	✓	✓	✓	Audition & invitation	<i>Participants will be advised by email or letter</i>
	Christian Club	Yrs 3 - 6	✓	✓	✓	✓	Open to all	Permission note
	Cross Country Club	Yrs 2 - 6	✓				Open to all	To be advised
	Chess Club	Lunch	✓	✓	✓	✓		trybooking.com/52749
D	DANCE							
	Jazz 'Comets'	K	✓	✓	✓	✓	20 students	trybooking.com/111702
	Jazz 'Rockets'	Yr 1	✓	✓	✓	✓	20 students	trybooking.com/111702
	Jazz 'Meteors'	Yr 2	✓	✓	✓	✓	20 students	trybooking.com/111702
	JUNIOR DANCE ENSEMBLES							
	'Nova' (Y3 & 4)	Yrs 3 - 6	✓	✓	✓	✓	20 students	trybooking.com/111702
	'Capella' (Y5 & 6)	Yrs 3 - 6	✓	✓	✓	✓	20 students	trybooking.com/111702
	Junior Dance Company 'Stella'	Yrs 4 - 6	✓	✓	✓	✓	Audition & invitation	trybooking.com/68877
	Da Vinci Decathlon	Yrs 5 - 6	✓	✓			Audition & invitation	<i>Participants will be advised by email or letter</i>
	Debating	Yrs 5 - 6	✓	✓	✓	✓	Audition & invitation	<i>Participants will be advised by email or letter</i>
	Double Dutch	Yrs 2 - 6	✓	✓	✓		Open to all	trybooking.com/52096
E	Equestrian	Yrs 2 - 6	✓	✓	✓	✓	4-10 riders	trybooking.com/52099

F	Fencing Club	Yrs 2 - 6	✓	✓	✓	✓	10-12 fencers	trybooking.com/52205
	French Catch-Up-Club	Yrs 3 - 6	✓	✓	✓	✓	Open to all	<i>Participants will be advised</i>
G	Gymnastics Club	K - 6	✓	✓	✓	✓	Class sizes 20	Registration forms available from Mrs Johnston
I	Indoor Hockey	Yrs 5 - 6	✓			✓	8 per team, 4 teams MAX	trybooking.com/59833
L	Lego Robotics Club	Yr 6	✓				2 teams MAX	Permission note given to selected students
M	Minisprint Solar Racing	Yr 6		✓	✓		8 students MAX	Permission note given to selected students
	MUSIC ENSEMBLES	K - 6	✓	✓	✓	✓	Open to all	<i>Participants will be advised by email or letter</i>
	Cello Boccherini Ensemble	Yrs 3 - 6	✓	✓	✓	✓	By invitation	<i>Participants will be advised by email or letter</i>
	Clarinet/ Saxophone Ensemble	Yrs 3 - 6	✓	✓	✓	✓	By invitation	<i>Participants will be advised by email or letter</i>
	Flute Ensemble	Yrs 2 - 6	✓	✓	✓	✓	By invitation	<i>Participants will be advised by email or letter</i>
	Swing Band	Yrs 4 - 6	✓	✓	✓	✓	By invitation	<i>Participants will be advised by email or letter</i>
	Training Strings	Yrs 3-6	✓	✓	✓	✓	By invitation	<i>Participants will be advised by email or letter</i>
	Stalley Strings	Yrs 3-6	✓	✓	✓	✓	By invitation	<i>Participants will be advised by email or letter</i>
	Concert Band 1	Yrs 3-6	✓	✓	✓	✓	By invitation	<i>Participants will be advised by email or letter</i>
	Concert Band 2	Yrs 3-6	✓	✓	✓	✓	By invitation	<i>Participants will be advised by email or letter</i>
	MUSIC Private Tuition	K - 6	✓	✓	✓	✓	Open to all	To be advised
	VIOLIN ENSEMBLES							
	Violin Twinklers & Paganini Ensembles	K - 6	✓	✓	✓	✓	By invitation	<i>Participants will be advised by email or letter</i>
	Violin Vivaldi Ensemble	Yrs 3 - 6	✓	✓	✓	✓	By invitation	<i>Participants will be advised by email or letter</i>
S	Sailing Club	Yrs 2 - 6	✓			✓	minimum	trybooking.com/59835
	Saturday Sport – Intra School	Yr 3	✓	✓	✓		Open to all	To be advised

	SATURDAY SPORT IPSHA							
	AFL	Yrs 4 - 6			✓		Open to all	To be advised
	Football	Yrs 4 - 6			✓		Open to all	To be advised
	Minkey	Yrs 4 - 6		✓			Open to all	To be advised
	Hockey	Yr 6		✓			Open to all	To be advised
	Netball	Yrs 4 - 6		✓			Open to all	To be advised
	Cricket T20 Blast	Yrs 4 - 6				✓	Open to all	To be advised
	Tennis	Yrs 4 - 6				✓	Minimum skill level required	To be advised
	Snowsports (Holidays)	K - 6		✓	✓		Open to all	To be advised
	Swimming	K - 6	✓	✓	✓	✓	Open to all	To be advised
T	Tennis lessons – Private & Group	K - 6	✓	✓	✓	✓	Limited numbers	To be advised
	Tournament of Minds	Yrs 5 - 6	✓	✓	✓		Audition & invitation	<i>Participants will be advised by email or letter</i>
Y	Yoga	K - 6	✓	✓	✓	✓	Open to all	trybooking.com/128229

NOTES

Handwriting practice lines on the right page. The page contains 20 horizontal dotted lines for writing practice.

NOTES

Handwriting practice lines on the left page. The page contains 20 horizontal dotted lines for writing practice.

Notes section with horizontal dotted lines for writing.

We would love to share your daughter's news with the Queenwood community; please send images to communications@queenwood.nsw.edu.au so we can celebrate her achievements.



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